

RESOURCES	AUTUMN1	AUTUMN2	SPRING1	SPRING2	SUMMER1	SUMMER2
YEAR 7	<p>Acquiring and developing skills</p> <p>Multi sports and team sports activities.</p> <p>Swim block 10 weeks.</p>	<p>1. Applying skills into team sports</p> <p>2. Considering tactics and strategies</p> <p>Football/basketball</p>	<p>Individual sports</p> <p>Badminton</p> <p>Table tennis</p>	<p>Volleyball</p> <p>Shot selection</p> <p>Dig/set/smash</p>	<p>Striking and fielding sports/athletics events</p> <p>Weather/facility dependence.</p>	<p>Cricket/rounder's</p> <p>Athletics continued.</p> <p>Discuss/javelin/sprinting/endurance events</p>
YEAR 8	<p>Develop skills technique through different activities</p> <p>Team/invasion sports</p> <p>8 week block of BMX cycling.</p>	<p>Football/Basketball</p> <p>Passing/shooting/dribbling skills.</p> <p>Basics and apply into game situations</p>	<p>Individual sports</p> <p>Badminton</p> <p>Table tennis</p> <p>Boxing.</p> <p>Basic skills and shots.</p>	<p>Volleyball</p> <p>Shot selection</p> <p>Dig/set/smash</p>	<p>Indoor athletics</p> <p>Shot/discuss/jav</p> <p>Sprinting events</p> <p>Endurance</p> <p>Jumping/high.</p>	<p>Tennis/cricket</p> <p>Fielding/batting/catching</p> <p>Applying into competitive situations</p>
YEAR 9	<p>Selecting and applying skills, tactics and compositional ideas.</p> <p>Benchball/mattball/coneball</p> <p>Introduction to principles of basketball.</p>	<p>Football</p> <p>Shooting/passing/dribbling skills.</p> <p>Applying in situations.</p>	<p>Badminton</p> <p>Table tennis</p> <p>Boxing</p> <p>Basic skills and apply into games</p>	<p>Volleyball</p> <p>Shot selection</p> <p>Dig/set and smash</p>	<p>Short tennis</p> <p>Rounder's cricket</p>	<p>Athletics/</p> <p>Both indoor and outdoor activities.</p> <p>Core skills of striking and fielding games.</p>
YEAR 10	<p>Developing skills and techniques in different activities</p>	<p>Football or basketball/team invasion</p>	<p>Developing skills</p> <p>Introduction</p>	<p>Short tennis skills</p>	<p>Athletics/rounders</p>	<p>Cricket/athletics.</p> <p>Throwing/sprints</p>

	Start of btec Practical. Pupils to be selected by HOD.	games.	to Badminton and dodgeball.			Leadership opportunities supporting school sports day.
YEAR 11	Btec level 1 continuation. Team sports.	Badminton	Circuits/martial arts.	Volleyball/handball	Athletics/cricket	Inter school comp. Pupils to plan and deliver football comp.

LONG TERM PLAN FOR PE 2019/20