WEEK 1 MENU





GRAB & GO
OPTIONS

Plant Based Sausages V **Bangers and Mash** MON with Peas and Gravy with Mash, Peas and Gravy Roasted Rainbow Vegetables 💖 Chicken Masala Naan **TUE** with Crispy Spiced Potatoes with Flatbread Fingers, Carrot and Coriander salad and Houmous and Mint Yoghurt Dressing BBQ Mandarin Pork 💖 😻 Sweet Chilli Noodles **WED** with Vegetable Egg Fried Rice Plant Ball Marinara Melt Sriracha Glazed Chicken Burger **THUR** with Chipotle Wedges with Chipotle Wedges and Sweetcorn and Sweetcorn Fish and Chips Vegan Sausage Roll 🔮 FRI with Baked Beans and Peas with Chips, Baked Beans and Peas

WEEKLY SPECIAL

Indian Chickpea Salad ②

SALADS:

Tuna Sweetcorn Pasta Salad Pesto Pasta Salad ♥♥

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich Chicken, Lettuce & Mayo Sandwich Cheese Sandwich Ham Baguette Cheese & Tomato Baguette

WRAPS:

Tuna Crunch Wrap ♥
Pepper & Houmous Wrap ♥ ♥

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Jacket Potato & Toppings

WEEK 2 MENU





GRAB & GO
OPTIONS

MON

Sloppy Joe Burger

with Baked Garlic and Herb Wedges and Sweetcorn

Vegetarian Cottage Pie 🗸 🤎

with Sweetcorn, Peas and Gravy

TUE

Chicken Katsu 🐲

with Wholegrain Rice and Peas

Roasted Butternut Squash, Chikpea and Broccoli Buddha Bowl • **

WED

Honey Roasted Ham and Mash

with Peas and Gravy

Macaroni Cheese 🛡 😻

with Pizza Pinwheel and Vegetables

THUR

Chicken Tikka Masala 💜 💖

with Wholegrain Rice, Mini Naan and Sweetcorn

Roasted Cauliflower and Chickpea Korma ♥ ❤ ❤

with Wholegrain Rice, Mini Naan and Sweetcorn

FRI

Crispy Chicken Burger

with Chips, Baked Beans and Peas

Vegetarian Burrito 🗸 💖 😻

with Chips, Baked Beans and Peas

WEEKLY SPECIAL

Moroccan Chicken Salad



SALADS:

Tuna Sweetcorn Pasta Salad Pesto Pasta Salad ♥♥

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich Chicken, Lettuce & Mayo Sandwich Cheese Sandwich Ham Baguette Cheese & Tomato Baguette

WRAPS:

Tuna Crunch Wrap ♥
Pepper & Houmous Wrap ♥ ♥

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Jacket Potato & Toppings

WEEK 3 MENU





GRAB & GO **OPTIONS**

MON

BBQ Beef Meatballs 😻 💖

with Wholemeal Pasta, Pizza Pinwheel and Peas

with Pizza Pinwheel and Peas

TUE

Crispy Katsu Fish 😻

with Wholegrain Rice and Peas

Vegetarian Chill 🔾 💖 😻

with Wholegrain Rice and Peas

WED

Roast Chicken and Mash 🤎

with Peas and Gravy

Beetroot and Feta Burger 🖤

with Garlic and Herb Wedges and Apple Slaw

THUR

Chicken Shawarma 🐲

with Mexican Yellow Rice and Peas

Chinese Vegetable Noodles • •

with Peas

FRI

The Sausage Dog

with Chips, Baked Beans and Peas

The Veggie Dog V

with Chips, Baked Beans and Peas

WEEKLY SPECIAL

Sweet Chilli Chicken Noodle Salad

SALADS:

Tuna Sweetcorn Pasta Salad Pesto Pasta Salad 😻 💖

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich Chicken, Lettuce & Mayo Sandwich **Cheese Sandwich Ham Baguette Cheese & Tomato Baguette**

WRAPS:

Tuna Crunch Wrap 💖 Pepper & Houmous Wrap 🗸 📽

HOT DISHES:

Paninis Pasta & Sauces Freshly Baked Pizza **Jacket Potato & Toppings**



