

RSE Curriculum overview

Cycle	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	Families and people who care for me	Respectful relationships	Physical Health and fitness	Internet safety	British Values	Being Safe Mini First Aid (visitor) – To deliver First Aid training to pupils
2	Caring friendships	Health and prevention	Mental wellbeing	Online relationships	Healthy eating	Drugs, alcohol and tobacco Mini First Aid (visitor) – To deliver First Aid training to pupils